

FAIR LAWN SENIOR CENTER

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NAVIGATING HEALTHY RELATIONSHIPS WITH ADULT CHILDREN



Navigating a relationship with adult children can be tricky.



When they were kids, you knew what your responsibilities were.

You provided them with basic needs such as food, clothes and medical care, as well as a safe and supportive environment to grow up in.

They relied on you for everything.

And while your children will always be your children, as your kids mature your relationship with them needs to mature too.

Michael J. Tozzoli, MSW, LCSW and CEO of West Bergen Mental Healthcare will offer some tips to adapt to your new dynamic.



THURSDAY, FEBRUARY 27, 2025 @ 1 P.M.

No registration necessary for this program.

The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance.