

Fair Lawn Senior Center
11-05 Gardiner Road, Fair Lawn, NJ 07410
201-796-1191 srcenter@fairlawn.org

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Silver Stage Motivators

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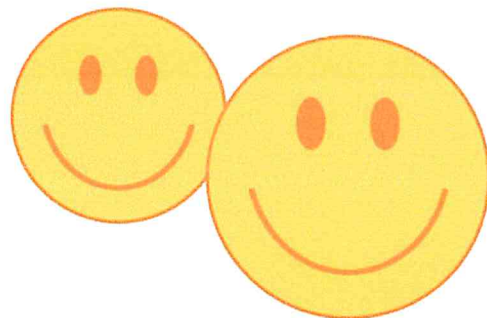
**POSITIVITY
HAPPINESS &
LAUGHTER**

The Keys to Longevity

What makes us unhappy?

How can we find
POSITIVITY
in life?

Is **LAUGHING** beneficial
to our health?



THURSDAY

NOV 7, 2024

@ 11 am

Advance Registration is Requested.

The Senior Center offers a Noon lunch (\$1.25 suggested donation)
and reservations should be made at least 24 hours in advance.